

Mirror

# TRY THE TRUST'S

## Now marvel at the stunning coastal beauty spots under the watchful care of Europe's largest heritage charity

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13 May 2022 [+2 more](#) By Martin Phillips

THE National Trust cares for more than 780 miles of coastline in England, Wales and Northern Ireland, from spectacular headlands to expansive beaches and splendid wildlife reserves. Whether you want to clamber on rocks or build sandcastles, or just want to experience nature, soak in the stunning

beauty of our coastal landscape and breathe in sea air, there is something for everyone along our amazing coast.

Just remember to keep dogs on leads, be sensible with barbecues, steer clear of ground nesting birds and look up ways you



**IN THE PINK:** Sea Thrift on cliffs above Compton Bay on the Isle of Wight **OCEAN VIEW:** Situated above Downhill Beach, County Londonderry, the Temple of Mussenden is an especially popular visiting spot for Game of Thrones fans **CLAWSOME:** The daily catch at Port Meudwy, on north Wales' lovely Llyn Peninsula

can help the National Trust when you visit the coast at this time of year. Here are just a few

Ivy freshwater marsh has become a saltmarsh rich in flora and fauna.

### LINDISFARNE CASTLE AND HOLY ISLAND, NORTHUMBERLAND

KNOWN as the castle that's not a castle on an island that's not really an island, the former priory was converted by famed architect Sir Edwin Lutyens into a private holiday home for Edward Hudson, founder of Country Life magazine.

Lindisfarne is regarded as one of the most important centres of

early English Christianity, having been settled by Irish monks in AD 635.

The monastery became the centre of a major saint's cult celebrating its bishop Cuthbert. Travel across the causeway at low tide to discover this magical place for yourself. For 2022, a new soundscape installation by artist Paul Rooney blends the past with the future, with nature at its core.

Song (After Nature) is an immersive soundscape interwoven with individual pieces of nature writing. Pre-booking is

advised, and you should check the tide timetable for safe crossing times.

### COMPTON BAY, ISLE OF WIGHT

SOME people call the Isle of Wight "Dinosaur Island" because it has the richest source of dinosaur remains in Europe. The best place to go looking for fossils on 'Dinosaur Island' is in Compton Bay. Around 125 million years ago this part of the coast was a series of muddy lagoons, and dinosaurs roamed far and wide. They left their footprints and, sometimes, when they